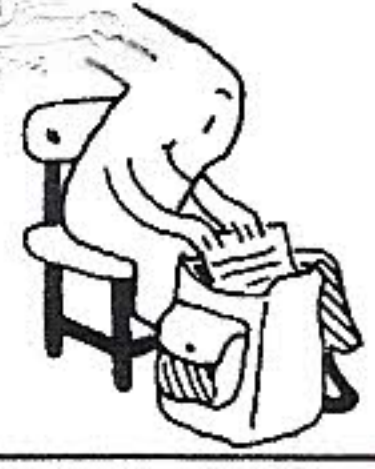


Home & School CONNECTION[®]

Working Together for School Success

Saint John School
Ms. Kathleen T. Aldridge, Principal



SHORT NOTES

TV solutions

Encourage your youngster to watch less TV without saying a word! First, help him choose a limited number of shows. Then, record them as a “list of favorites.” He can watch the shows, one at a time, and fast-forward through the commercials. Also, be sure to turn the set off when no one’s watching.

Be a leader

After-school activities can build leadership skills. Check the school website or newsletter, and suggest activities that your child might enjoy. For instance, she could run for student council, serve as a peer counselor, or be a yearbook editor. She’ll gain practice being in charge, which can help her feel comfortable tackling bigger roles as she gets older.

One-on-one time

Spending time alone with each of your children on a regular basis can help you stay close. For instance, play cards or work on a scrapbook with your older child after the little one is in bed. Or bake cookies with your youngest when your older children are out playing with friends.

Worth quoting

“Education is learning what you didn’t even know you didn’t know.”

Daniel J. Boorstin

JUST FOR FUN

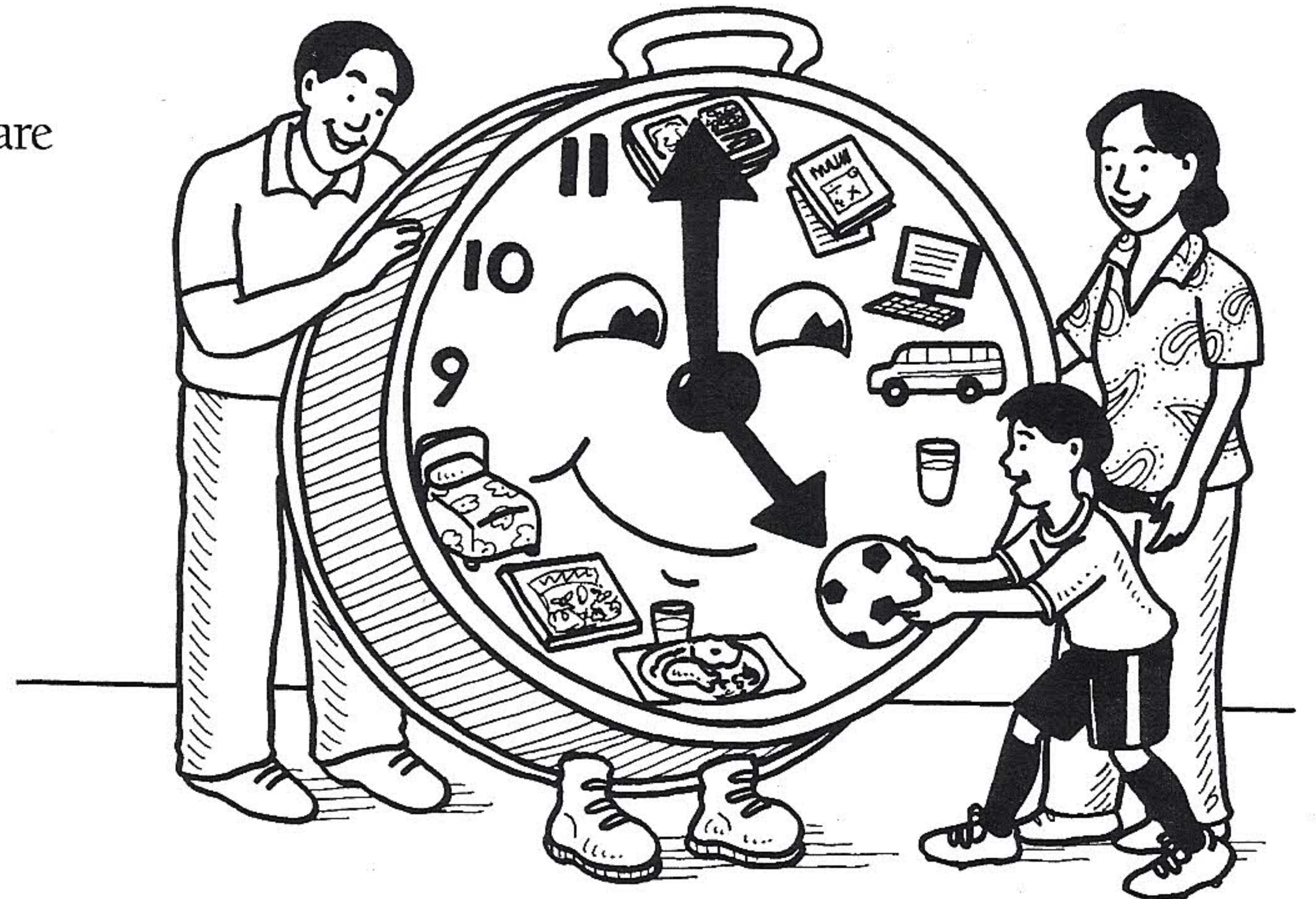
Q: Six children were walking under one umbrella. Why didn’t they get wet?

A: It wasn’t raining.



All set for learning

When you ask your child about her day at school or help her prepare for the next day, you teach her that learning is important. She’ll see that success in the classroom begins at home—with family conversations, regular routines, and healthy habits. Try these tips for a great year.



Talk about school.

Encourage your child to share her accomplishments with you by asking her specific questions. (“What did you make in art?” “Who did you read about in history?”) Or make it a game to discuss the day on your way home—take turns describing something you did, and see how much each person can share before you reach your house.

Follow a routine. Create a schedule for your youngster to stick to on school nights. Include time for homework, dinner, playing, reading for pleasure, and relaxing. *Tip:* Ask her teacher how much

homework your child can expect, and help her set aside enough time to finish it. Finally, figure out a bedtime that gives her 9–11 hours of sleep.

Make attendance a priority. Let your youngster know that it’s important to be in school every day. Talk about ways she can stay healthy and avoid sick days, like washing her hands regularly and eating a balanced diet that includes plenty of fruits and vegetables. Also, try to schedule doctor appointments and family trips when school isn’t in session. ♥

My checklist

Who is in charge of your youngster’s learning? He is! Share this checklist to help him do his best.

- I arrive ready to learn.** I have the supplies I need (sharpened pencils, eraser, paper, crayons). I have completed homework in my backpack, and I will remember to turn it in.
- I’m a good listener.** I look at my teacher, and I think about what she is saying. I keep my hands and feet to myself, and I am quiet so others can hear.
- I participate in class.** I raise my hand to answer the teacher’s questions. I share my ideas during discussions. ♥

